



# Operation Peace of Mind

A United States based International Nonprofit Organization

## New Approach to Healthcare Delivery in Nigeria

in collaboration with

Quality Health Facilities, Outstanding Healthcare Professionals Locally in Nigeria and Internationally from USA, Canada, India, Europe, and other countries

through the

**WE CARE**  
Nigerian Healthcare Network

## Answer within a Generation



In Nigeria only 41% of 1-year-old children are immunized against Measles.

Everyday about 1,000 new cases of HIV infection are recorded in Nigeria.

Danese Griffith  
Executive Director



I have worked with youth and children for over seventeen years. My purpose is to challenge young people to better their lives and to encourage them to give back to their communities in a positive way. As Executive Director for Operation Peace of Mind, I concentrate on programs that deal with issues faced by all communities. Having a safe and healthy community, means having *Peace of Mind*.

By utilizing the instrumentality of OPM programs such as, Community Works, Girl Power, and Senior Awareness Initiative OPM will partner with faith-based organizations, public and private educational systems and community organizations to advance public understanding of the nature, prevention, referrals and management of HIV/AIDS and other illnesses and to eradicate myths and notions of HIV/AIDS.

OPM can LINK citizens through the We Care Network to sources to help meet their needs. OPM can also help link to other nonprofits or resources for funds for medical needs as well.

## HAVING A HEALTHY COMMUNITY MEANS HAVING A SAFE COMMUNITY

LINK is a program that combines after school academic enrichment with the Teens, Crime, and the Community (Community Works) curriculum. The program includes communication skills, knowledge of consequences of crime, and prevention skills. Combining education, leadership, and citizenship skills will link students to the dreams they have for themselves. Link joins education and action to reduce victimization, and involve people in service to their communities.



**Linking youth and families to a successful future  
through education, leadership, and the community.**

For more information on OPM's LINK program please visit [www.opmnig.org](http://www.opmnig.org)

Everyday  
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The road to violence begins in childhood. Chronic offenders are most active during the teen years. Their paths to violence almost always begin with serious behavioral problems in early childhood. While most children who exhibit poor conduct right themselves rather than embark on a life of crime, those who do become chronic offenders typically become serious offenders.



### **Many risk factors that contribute to youths' propensity for violence and delinquency include:**

- \* Parents are abusive or neglectful or exhibit marital discord
- \* Parents give harsh or erratic discipline
- \* They tend to live in communities rife with drugs, crime, guns, and poverty
- \* They are not exposed to positive role models
- \* Safe, constructive recreational opportunities are scarce

**Crime committed by youths is therefore one of the most troublesome social problems in the nation today.**

TCC is an initiative of the National Crime Prevention Council. Created in 1985 with support from Street Law, Inc. and the office of Juvenile Justice and Delinquency Prevention (OJJDP), office of Justice Programs, U.S. Department of Justice, TCC brings together the crime prevention expertise of the National Crime Prevention Council and the innovative educational and curriculum expertise of Street Law, Inc.

The program teaches young ones ways to protect themselves from crime and provides them with opportunities to develop safer more vital communities. TCC seeks to tap and focus teen's energy, talent, and enthusiasm so they can participate in their communities as responsible citizens.

### **The Goals of Community Works & Youth Safety:**

- \* Increase teen awareness of their vulnerability to crime.
- \* Educate teens on how to protect themselves and their communities.
- \* Motivate teens to take action in their communities.
- \* Help teens understand the costs of crime and what can be done to prevent it.
- \* Foster community relations by bringing community resource people into the sessions.
- \* Bond youth to the community through increased self esteem.
- \* Increase teen empathy toward victims of crime.

Ugo Bear is Operation Peace of Mind's official spokesbear to the community. Ugo Bear likes to visit schools, daycares, churches, and community centers to speak to students on how to stay safe and make a difference in their community. This program gives kids the opportunity to learn that at no matter what age they can impact their communities in a positive way.



1.8% of the Nigerian population is infected with HIV

**“U” GO MAKE A DIFFERENCE!**



# OPM Public Health Initiative



MISSION: Provide essential public health services in the community.

## Essential Public Health Services

### Monitor Health Status

- \* Performs community and rapid health assessments
- \* Monitors Diseases
- \* Identifies vulnerable populations



### Develop Policies and Plans

- \* Contributes to public health policy
- \* Participates in strategic health planning

### Diagnose and Investigate Health Problems

- \* Plans, investigates and responds to public health emergencies
- \* Gathers, analyzes and investigates data regarding actual or potential threats to human health (communicable diseases, chronic diseases, injuries, etc.)
- \* Recommends individual and community level control measures



### Inform and Educate

- \* Develops, coordinates/ implements health education and health promotion activities
- \* Supports health and risk communication activities

### Mobilize Communities to Address Health Problems

- \* Establishes partnerships with community members to address community health needs



### Link People to Needed Health Services

- \* Provides targeted health services (e.g. for TB, STD, HIV and other public health conditions)
- \* Serves as a consultant regarding available resources in the community
- \* Referrals through Medicit to health

### Evaluate Health Services

- \* Evaluates the effectiveness, accessibility, quality of health services and progresses towards program goals



Only 33% of young male Nigerians, have comprehensive knowledge of HIV



# We Care



## Some of our Indian collaborating hospitals



Through our international partners OPM will be able to supply medical equipment, supplies, and drugs at reduced rates to network members. With our network suppliers we are able to negotiate lower prices on behalf of network members.

## Mediciti Healthcare Consultants HASSLE FREE

Mediciti's aim is to act on behalf of the patient to arrange suitable procedure(s) and treatment(s) to ensure patient comfort, and to provide local contacts and assistance for patients receiving treatments away from home.

On overseas referrals, our partners will make travel arrangements, which includes visas and accommodations.

**Friends Colony West | New Delhi 110065**

**Ph: 91-9810975476 | Alt: 91-9811092811**

**Email: [contact@mediciti.info](mailto:contact@mediciti.info) | Website: <http://mediciti.info>**



**A private room in one of our partner facilities**

### Services

Mediciti's partner hospitals excel in cardiology and cardiothoracic surgery, joint replacement, orthopedic surgery, gastroenterology, ophthalmology, transplants and urology to name a few. The various specialties covered are Neurology, Neurosurgery, Oncology, Ophthalmology, Rheumatology, Endocrinology, ENT, Pediatrics, Pediatric Surgery, Pediatric Neurology, Urology, Nephrology, Dermatology, Dentistry, Plastic Surgery, Gynecology, Pulmonology, Psychiatry, General Medicine(Diabetes), General Surgery and more.

Usually, an elective procedure such as a knee replacement would cost on average of \$30,000 in the US. Whereas getting that same procedure done using similar quality parts in India would cost 40 - 60% less than the cost in the US, including the hospital stay, all procedure and physicians costs and transportation to and from India. The costs compared to UK are similarly lower by about 40 - 60%. This is mainly possible because of favorable currency exchange rates.



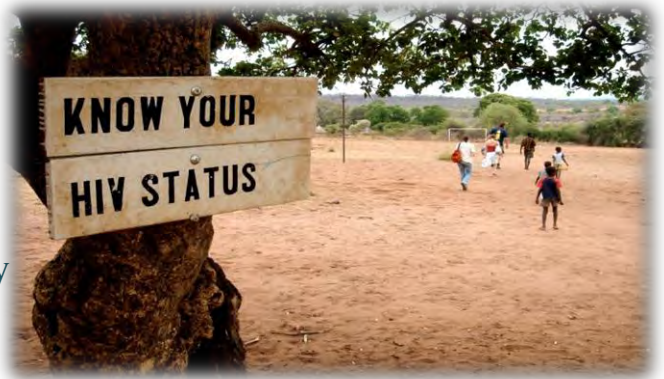
**Personal one-on-one consultations with doctors**

Only 22% of young female Nigerians, have comprehensive knowledge of HIV



# HIV / AIDS

AIDS is perhaps the most deadly disease that mankind has ever known. Unlike other historic deadly afflictions whose challenge was sufficiency and access to available cure, HIV/AIDS is only preventable but has no known cure at this time. As with most bad situations, Nigeria is lagging in the struggle against HIV/AIDS. Initially skepticism centered on whether HIV/AIDS is real, whether the affliction was limited to white foreigners and homosexuals, or mere propaganda. Facts since known and mountain victim statistics should erase all myths or doubts about HIV/AIDS, especially from the Nigerian mind. HIV/AIDS is now one of the leading cause of African deaths. HIV/AIDS is REAL! Yes, it is REAL! Every year, the number of Nigerians contracting the disease continues to rise just as HIV/AIDS related deaths continues to increase. Everyday about 1,000 new cases of HIV infection are recorded in Nigeria. This is according to the United Nations AIDS program (UNAIDS) conservative report of year 2010.



In Nigeria,  
the HIV  
prevalence  
rate among  
adults ages  
15-49 is  
3.9%



1.8% of the Nigerian population is infected with the disease. In 2007, it was estimated that 2.6 million Nigerians were infected with HIV while over 170,000 people died from AIDS in the same year. The life expectancy in the country declined due to the rise of HIV/AIDS cases. In 1991, the average life expectancy was 53.8 years for women and 52.6 for men. In 2007, these figures had declined to 46 for women and 47 for men. Even more frightening is that this conservative estimate of daily infected people expects to grow.





Nigeria has the third largest number of people living with HIV



Without a doubt, Nigeria is in the midst of the worst epidemic, one that is destroying the youngest and most productive segment of the society. Simply stated, unless the spread of HIV/AIDS is halted. The very future of the most populous black nation on earth

as we know it is in serious danger of generation gap and possible extinction. Poor healthcare delivery systems, illiteracy, poverty, irresponsible sexual behavior, ignorance about the disease particularly in the rural communities, increase in prostitution among young females and other pervasive infrastructural deficiencies further complicate Nigeria's fight against HIV/AIDS. OPM sees HIV/AIDS as Nigeria's premier health crisis against which Nigeria and friends of Nigeria has no luxury of time. The fight against this epidemic should be intense and immediate.

\*Utilize the instrumentality of OPM Youth Network programs-Teens, Crime and the Community (Community Works), Girl Power, Senior Crime Awareness Initiative, faith-based organizations, public and private educational systems and community organizations to advance public understanding of the nature, prevention, referrals and management of HIV/AIDS and eradicate myths and notions of the disease.



\*Facilitate access to properly equip diagnostic treatment and support centers in Nigerian communities.

\*Facilitate the establishment of relevant confidential medical database.

\*Procure support for existing medical facilities and initiatives.

\*Promote an enhanced system of rural / community healthcare delivery and management.

\*Mobilize indigenous Nigerian healthcare professionals in the Diaspora to assist with designing, funding, equipping the operational capability of healthcare delivery systems in Nigeria.

\*Using the mobile clinic healthcare delivery system to reach the rural areas.

\*Organize programs to train local healthcare professionals, community leaders - using their local language proficiency to communicate to the indigenes on OPM HIV/AIDS program.

\*Initiate and promote research efforts on HIV/AIDS and





## Letter of Support



### STATE OF TEXAS OFFICE OF THE GOVERNOR

#### Greetings:

As Governor of Texas, it is my pleasure to welcome everyone to Taste of Anambra State, Nigeria, and Taste of Texas, hosted by Operation Peace of Mind.

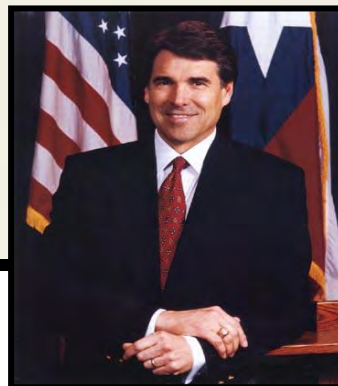
In Texas, we have a long tradition of individuals and organizations working together to make their communities safer, stronger and more vibrant. You are continuing that tradition through your efforts to reduce crime and the spread of HIV/AIDS, both here in the Lone Star State and in Nigeria. By encouraging education and accountability, you are ensuring a brighter future for countless others.

I extend a special welcome to our visitors. The Dallas–Fort Worth area is renowned for its many attractions, from fine dining to historic buildings and an array of cultural attractions. This vibrant area has something for everyone. I encourage you all to explore and enjoy.

First Lady Anita Perry joins me in sending best wishes.

Sincerely,

Rick Perry  
Governor







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AUSTIN, TEXAS 78711  
512/463-0112  
FAX: 512/463-0923

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GRAPEVINE, TEXAS 76051  
817/424-3446  
FAX: 817/488-6648

E-MAIL: jane.nelson@senate.state.tx.us

The Senate of the State of Texas

Jane Nelson  
Senate District 12

Committees:

HEALTH AND HUMAN SERVICES, CHAIR  
TEXAS LEGISLATIVE COUNCIL  
GOVERNMENT ORGANIZATION  
NOMINATIONS  
FINANCE

July 13, 2010

To Whom It May Concern:

I am writing to offer my support to the mission of Operation Peace of Mind in Lewisville, Texas.

This non-profit organization provides education and training to children, teens, girls, and senior citizens about crime prevention, self-protection, and HIV and AIDS. Its programs work to promote safe communities, healthy self-esteem for young girls, and leadership. As chair of the Senate Committee on Health and Human Services, much of my policy work has focused on the protection of both young and aging Texans. I am grateful for the work of Operation Peace of Mind and for its impact on the safety of North Texas citizens.

Please do not hesitate to let me know if you have any questions about this organization.

Very truly yours,

Senator Jane Nelson



Letter  
of  
Support



Letter  
of  
Support

TAN PARKER

P.O. Box 2910  
AUSTIN, TX 78768-2910  
(512) 463-0688  
TAN.PARKER@HOUSE.STATE.TX.US



800 PARKER SQUARE  
STE. 245  
FLOWER MOUND, TX 75028  
(972) 724-8477

The State of Texas  
House of Representatives  
District 63

July 21, 2010

Operation Peace of Mind  
705 South Mill Street, Suite105  
Lewisville, TX 75057

Dear Operation Peace of Mind:

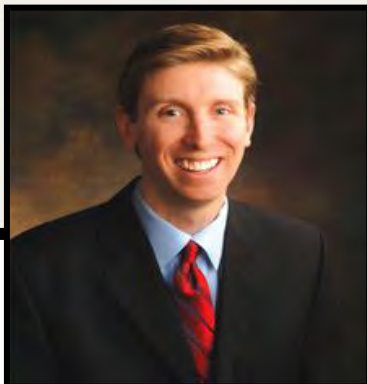
Thank you for the commitment you have shown to the education and training of children, teens, and senior citizens to help prevent crime and HIV/AIDS. Your service and dedication has helped to create safer more united communities across the country.

I applaud your efforts in the development of Girl Power, the Operation Peace of Mind Youth Network, as well as your sponsorship of Community Connection and Senior Safety. Your organization has heightened economic and cultural awareness, helped to improve the quality of life for senior citizens, and encouraged confidence and social consciousness in our nation's youth.

Thank you for your invaluable service and, please, contact me if there is any way that I can be of service to you.

Best wishes,

Tan Parker  
State Representative





# The State of Texas



## RESOLUTION

WHEREAS, Operation Peace of Mind in Lewisville has demonstrated an exceptional commitment to improving the lives of others; and

WHEREAS, This innovative nonprofit group provides education and training to children, teens, and senior citizens in an effort to prevent crime and HIV/AIDS, while offering participants an opportunity to help develop safer, more vital communities; and

WHEREAS, Nationally, Operation Peace of Mind is responsible for a number of worthwhile initiatives, including OPM Youth Network, which aims to instill economic, social, educational, and cultural awareness in its members; in addition, the organization sponsors Community Connection to unite young people with local leaders and Senior Safety to equip the elderly with the means to handle everyday challenges; also in development is Girl Power, which will encourage confidence and social consciousness; and

WHEREAS, A healthy and productive citizenry depends on the support of services such as those provided by Operation Peace of Mind, and all those associated with this notable program may take great pride in their charitable efforts; now, therefore, be it

RESOLVED, That Operation Peace of Mind be commended for its many good works and deeds and that the staff and leadership of the organization be extended sincere best wishes for continued success.

Tan Parker  
State Representative  
District 63



Resolution



## Proclamation

### PROCLAMATION

**WHEREAS**, in a concentrated effort to solve the problem of crime, Operation Peace of Mind draws attention to the problem and request collaboration of public, private, and non-profit sectors to work together to solve the problem in our community; and

**WHEREAS**, Operation Peace of Mind provides children, teens, girls, and senior citizens information and training on how to protect themselves from crime and provides them with opportunities to develop safer more vital communities; and

**WHEREAS**, Operation Peace of Mind seeks to tap and focus people's energy, talent, and enthusiasm so they can participate in their community as responsible citizens; and

**WHEREAS**, Operation Peace of Mind, a community initiative, is designed to help people create a better safety sense at home, at the work place, and even at entertainment venues; and

**WHEREAS**, Operation Peace of Mind is committed to providing the best Crime Prevention education to anyone who attends their workshops, seminars, assemblies, or training sessions on crime prevention and personal safety; and

**WHEREAS**, America and the City of Lewisville benefit from this much needed initiative.

**NOW, THEREFORE**, I, Dean Ueckert, Mayor of the City of Lewisville, Texas, do hereby proclaim the third week of June as:

#### "CRIME PREVENTION WEEK"

in the City of Lewisville, Texas, and ask that all citizens recognize this important week and proclaim special recognition to Operation Peace of Mind.

**PROCLAIMED** this the 13th day of June, 2009.



Dean Ueckert, Mayor  
City of Lewisville





March 26, 2010

Ms. Danese Griffith  
Operation Peace of Mind  
705 S. Mill Street, Suite 105  
Lewisville, Texas 75057

Dear Ms. Griffith,

I want to commend your crime prevention committee and all the staff at OPM for all their work in crime prevention, especially when it comes to young people. I feel like together we can influence our community in positive ways to avoid becoming a target of crime. I am especially encouraged at the collaboration going on between OPM and our gang unit as we try to influence youth in our community who are at-risk of joining a gang. I look forward to continuing our work together to make the City of Lewisville a safer place.

Sincerely,

Russell Kerbow  
Chief of Police  
Lewisville Police Department



Chief Kerbow, honorary co chair of OPM board of directors, with McGruff the Crime Dog and some OPM participants

Chief Kerbow with some of the OPM Planning Committee



P.O. Box 299002 • Lewisville, Texas 75029-9002  
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[www.cityoflewisville.com](http://www.cityoflewisville.com)

Letter  
of  
Support



Letter  
of  
Support

**WEST DALLAS COMMUNITY CHURCH**

*Serving Others*  *Through Acts of Kindness*

**WEST DALLAS OUTREACH**

July 27, 2010

To Whom It May Concern:

I am writing to propose my support to the mission and services of Operation Peace of Mind Organization.

Operation Peace of Mind is equipped and dedicated to make a difference in the lives of youth, adults and senior citizens by providing education and training through crime prevention, HIV and AIDS. It seeks to instill healthy self-esteem for young girls, offer leadership skills and promote safe communities. I believe all of these factors are needed in the inner-city to bring about transformation.

I am honored to be a part of the work of Operation Peace of Mind.

Sincerely,

*Arrvel Wilson*

**Arrvel Wilson**  
Founder-Pastor, West Dallas Community Church  
Founder, West Dallas Community School  
Founder, Serve West Dallas



2215 Canada Drive • Dallas, Texas 75212 • Church: (214) 634-1303 • WDO: (214) 637-7741

Operation Peace of Mind is a non-profit organization that has initiated comprehensive programs which help youth and parents work together to reduce crime and gang activity in our communities. We design programs that help youth identify their professional interests and assist in developing programs to help them achieve their vision and goals.



### **Objectives:**

- \* Promote reconciliation, tolerance and peace among our citizens.
- \* Promote viable crime fighting initiatives.
- \* Facilitate the collation, assemblage and accessibility of indigenous Nigerian expertise and relevant external support for Nigeria's technological advancement.
- \* Promote the welfare of Nigerians in the Diaspora by inculcating civic responsibility and the practice of good citizenship values in their foreign abode, while strengthening their ties and involvement with Nigerian culture and the homeland.
- \* Encourage ethical business standards and practices that facilitate economic development and investment, including zonal arrangements.
- \* Imbue into public awareness and concern for the priorities of healthcare, education, agriculture, technology, and social development.
- \* Facilitate a lasting democratic blueprint for Nigeria based on:
  - The rule of law
  - Dignity and rights of mankind
  - Transparency and accountability in public life
  - Respect for the environment
  - Awareness of social and cultural realities
- \* Encourage patriotism and volunteerism.
- \* Promote Nigerian and American goods, tourism and cultural exchange.
- \* Promote youth programs.
- \* Undertake action-oriented programs through grass-roots community initiatives.
- \* Serve as an umbrella agency; working with member non-profit organizations in a united effort to see Nigeria rise to its true potential.

A bully is 5 times more likely to have a serious criminal record when he grows up.

OPM knows that bullying is a problem worldwide. If anyone believes that bullying does not take its toll on families, schools, and society take a look at the statistics below. Read through to the end and notice the cost for companies in dealing with this problem on the job. Who is paying for all of this? School districts in the USA now have to budget for bullying programs. That is tax dollars that get spent just trying to make sure that people are treated with respect. Something we all should do freely, without the imposition of consequences.

- \* A bully is 6 times more likely to be incarcerated by the age of 24.
- \* 2/3 of students who are targets become bullies.
- \* 20% of all children say they have been bullied.
- \* In schools where there are bullying programs bullying is reduced by 50%.
- \* 20% of high school students say they have seriously considered suicide within the last 12 months.

**OPM held the First Annual Bully Free Future (BFF) Youth Summit on October 1, 2011. Special Guest, Belinda Ramsey, Ms. Texas - 2010-2011, and Founder of Mothers Opposing Bullying, spoke to the youth about how to oppose bullying.**



Ugo Bear honoring Ms. Texas with the Ugo's Hero Award for her outstanding work to fight bullying.



# Operation Peace of Mind

A United States based International Nonprofit Organization



OPM's corporate headquarters in the USA

## Contact Information

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Phone: 817-338-0400 | FAX: 817 -338-0401

## **NIGERIAN OFFICE:**

George C. Okpagu, MD, mni

(former National President, Nigerian Medical Association)

OPM Chief Medical Director, Nigeria

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08063194095

## **OPM Advisor on HIV/AIDS**

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